



2008

# Youth Cheerleading Camp

Location: Ridge View High School Gym

June 16th to June 20<sup>th</sup>  
Monday thru Friday

Ages: 5 to 13

**Session 1** (9:00 a.m. to 12noon): Youth Cheer Camp \$60

**Session 2** (12noon to 5:00 p.m.):

- "Summer Fun and Cheerleading" \$50  
(Spaces are limited for the afternoon session!)

**Sessions 1 & 2:** All-Day Camp \$100

For more information Contact Coach Michelle Painter at  
699-2999, ext. 221 or Email: [mpainter@rvh.richland2.org](mailto:mpainter@rvh.richland2.org)

Name of RVHS Cheerleader: \_\_\_\_\_

## Registration Form: 2008 Youth Cheerleading Camp

Child's Name: \_\_\_\_\_ AGE: \_\_\_\_\_

Parent's Name: \_\_\_\_\_

Address: \_\_\_\_\_

Home Phone #: \_\_\_\_\_ Cell Phone #: \_\_\_\_\_

Special Instructions: \_\_\_\_\_

Circle T-Shirt Size:

Youth: S M L XL      Adult: S M L XL

Check One: \_\_\_\_\_

**Session 1: Youth Cheer Camp**

Dates: June 16<sup>th</sup> - 20<sup>th</sup> , 9:00 - 12 noon

Cost: \$60

\_\_\_\_\_ **Session 2: Summer Fun & Cheerleading**

Dates: June 16<sup>th</sup> -20<sup>th</sup> , 12noon - 5:00 p.m.

Cost: \$50

\_\_\_\_\_ **Sessions 1 and 2: All-Day Camp**

Cost: \$100 (Discounted rate for both sessions)

I hereby authorize the Coach's of the Ridge View High School Youth Cheer Camp to act for me according to their best judgement in any emergency requiring medical attention. I hereby waive and release the camp from any and all liability for injuries incurred while at camp.

\_\_\_\_\_ Date: \_\_\_\_\_

Signature of Parent/Guardian

Return Applications & Make Checks Payable to:

Michelle Painter

4801 Hard Scrabble Road

Columbia, South Carolina 29229

# Camp Description

Come join the RVHS Competitive Cheerleading Program for an exciting week designed to introduce youth between the ages of 5-13 to the joy of cheerleading! The Youth Cheerleading Camp is hosted by the Head Cheerleading Coach, Michelle Painter, the RVHS Cheer Coaching Staff, and 60 high school cheerleaders who are committed to teaching the fundamentals of cheerleading.

Our camp will expose participants to the basics of dance, cheers, chants, motion drills, jumps, and basic stunting. In addition to learning the techniques of cheerleading, we also incorporate fun activities and daily competitions for everyone! All participants will be placed in groups according to age, to ensure that all material is age-appropriate. On Friday, June 20<sup>th</sup> at 11:00 a.m., we will host a Pep Rally for parents, family members, and friends to come out and support the Youth Cheerleader's as they perform their cheerleading routines! It will amaze you at how much these future cheerleader's learn in one week!

Please be sure to check out the afternoon session that has been added this year! We have had a lot of parents and cheerleader's who have requested an all-day camp. Spaces are limited for Session 2, so please be sure to sign up early!

**Session 1: The Youth Cheerleading Camp (YCC), June 16th-20th from 9:00-12noon**

Cost: \$60 / This camp includes a t-shirt and daily snacks for all participants. The YCC introduces the youth to the basics of cheerleading. All participants will learn a routine full of cheers, chants, dances, and few other surprises that will make you jump out of your seat!

**Session 2: Summer Fun and Cheerleading, June 16<sup>th</sup> - 20<sup>th</sup> from 12noon-5:00 p.m.**

Cost: \$50 / Participants must bring their own lunch/Daily snacks will be provided. A break will be given between Session 1 & 2 for campers to have some down time with lunch & a movie. This camp focuses more on the "hands-on" side of cheerleading. Participants will help plan, make signs, and spirit items to decorate the gym for the pep rally on June 20<sup>th</sup>; includes activities around sportsmanship & positive self-esteem, daily outdoor contest/prizes, cheerleading arts & crafts, and many more activities that will enhance individual skills in an afternoon of fun!

**Sessions 1 & 2 will be offered at a discounted rate of \$100.00 for the week**

For more information, please contact  
Coach Michelle Painter at  
(803) 699-2999, ext. 221  
or  
by e-mail at [mpainter@rvh.richland2.org](mailto:mpainter@rvh.richland2.org)

