

# RIDGE VIEW HIGH SCHOOL



## CHEERLEADING TRY-OUTS

2009-2010



April 15<sup>th</sup>, 2009

To Parent/Guardian and Potential Cheerleader:

Welcome and congratulations on taking the first step in becoming part of the Blazer Community. This packet contains all the information and materials you will need in order to tryout for the upcoming 2009-2010 cheerleading season.

If you have any questions, please feel free to contact me by phone 699-2999 ext.352 or email [jborowiec@richland2.org](mailto:jborowiec@richland2.org)

Good Luck!!!!

Jennifer Borowiec  
Varsity Cheer Coach

# IMPORTANT DATES

Mark it on your calendars...

## Tryouts

**Monday, April 20, 4-6pm**

**Tuesday, April 21, 4-6pm**

**Wednesday, April 22, 4-6pm**

**Thursday, April 23, 4-6pm \*\*\***

**Friday, April 24, 4pm POSTED**

-near the main office entrance

**\*\*\*Performing/Judges**

## Upcoming Dates

**\*\*\*if you make the squad, must be available these dates...no exceptions**

**\*\*\*subject to change**

**Tuesday, April 28, 5pm**

-informational meeting with parent and cheerleader

-cheerleading handbook

-dates

-expenses

**Tuesday, May 5-after school**

-Varsity Rep here for uniforms/gear

**Saturday, May 16, 3-8pm**

-1<sup>st</sup> fundraiser (hot dogs) concert

-across from the Village of SandHills

**Varsity Choreography**

-RVHS June 12-14

**JV Choreography**

-ACX June 29-30

**UCA Cheer Camp @USC**

-July10-13

## Requirements to Tryout

- 1). **Physical.** A physical needs to be on file with the athletic department.
- 2). **\$25 try out fee**
- 3). **Application completed and turned into Coach Borowiec**
  - application included in packet*
  - turned in prior to start of tryouts (Friday at the latest)*
- 4). **If member of previous squad, all balances must be paid in full**
  - if you paid by check, check needs to be cleared*
  - under no circumstances, if you have a debt will you be allowed to tryout*

## Week of Tryouts

- 1). **Try outs begin at 4 sharp.**
  - you should be changed and stretching by 4pm*
  - girls must sign in everyday*
  - on Mon, a number will be given to each candidate. This number must be worn everyday*
  - do not be late, no exceptions*
- 2). **Attire**
  - no jewelry, including studs*
  - no gum*
  - sneakers with socks must be worn*
  - hair must be pulled back and out of your face*
  - athletic shorts, sports bra, t-shirt (shorts should not be too short, tanks allowed, t-shirt tucked in...appropriate attire)*
  - water bottles are acceptable*

*\*\*\*failure to dress appropriate could result in you not practicing/trying-out*

**Ridge View High School  
Cheerleading Try Outs  
2009-2010**

*Please complete the appropriate sections and turned in by Friday, April 17*

**Candidate's Information**

**Candidates Name:** \_\_\_\_\_

**Candidates Address:** \_\_\_\_\_

**Candidate's Phone:** \_\_\_\_\_

**Email Address:** \_\_\_\_\_

**Date of Birth:** \_\_\_\_\_

**Parent/Guardian Information**

**Parent/Guardian Name:** \_\_\_\_\_

**Parent/Guardian Address:** \_\_\_\_\_

**Parent/Guardian Phone:** \_\_\_\_\_

**Email Address:** \_\_\_\_\_

School that you are currently attending: (circle one)

Blythewood MS

E.L. Wright MS

Summit Pkwy

RVHS

Kelly Mill

Dent MS

Longleaf MS

Other \_\_\_\_\_

Grade that you are in now: \_\_\_\_\_

**Try outs for the 2009-2010 school year are scheduled for April 20-24  
from 4-6pm in the Big Gym.**

**Please answer the questions on the back of this form**

**I give permission for my daughter to participate in the Ridge View high  
School Cheerleading Try-Outs for the 2009-2010 school year.**

**Parent/Guardian Signature** \_\_\_\_\_

*Do not write in this area*

*Try-Out Fee* \_\_\_\_\_

*Try-Out #* \_\_\_\_\_

*Group #* \_\_\_\_\_

*Physical* \_\_\_\_\_

**Ridge View High School  
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Please answer the following questions (please limit response between 50-100 words)

1). What is your greatest strength/ability and why would that be an asset to the cheerleading squad at RVHS?

2). What is your vision of an ideal squad? What are you willing to do to live up to that standard?

**Recommendations**

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*Failure to complete this section, may result in disqualification.*

Please have 3 teachers give you recommendations for try-out for cheering

1). Teacher, School, Subject \_\_\_\_\_  
*Recommend or Do Not Recommend*  
*Why?*

2). Teacher, School, Subject \_\_\_\_\_  
*Recommend or Do Not Recommend*  
*Why?*

3). Teacher, School, Subject \_\_\_\_\_  
*Recommend or Do Not Recommend*  
*Why?*

# Try-Out Schedule/Criteria



## Schedule

### **Monday**

- warm up
- expectations/review of procedures/housekeeping
- learn chant
- learn dance
- \*\*\*tumble and stunting guidelines

### **Tuesday**

- warm up
- housekeeping/announcements
- jumps
- review chant (groups)
- review dance (groups)
- \*\*\*tumble and stunting

### **Wednesday**

- warm up
- housekeeping/announcements
- finalize groups/expectations/policies for Thursday
- group practice
- tumbling and stunting evaluations

### **Thursday**

- warm up
- announcements
- try outs

### **Friday**

- results posted around 4pm in the front office area

## Criteria/Evaluation:

### **On Going**

- each girl assigned a number, coaches will be making evaluations and comments throughout the week based on number

### **Thursday**

- in assigned groups, in front of judges
- Jumps x3
  - toe touch
  - to be determined
  - cheerleaders choice

### **Learned Chant**

### **Learned Dance**

### **Stunting**

- flyers...flexibility

### **Tumbling**

- present to the judges

\*\*\*not required to make the team, candidates will have the opportunity to learn techniques/effort and hard work

### **Voice**

### **Enthusiasm**

